

Powerful People Things/ Institutions	What Happened. Describe my experience with this person.	What I Learned (Old Ideas).	What I believed about a Power greater than me.	The Truth I Choose To Believe Today
<b>Dad</b>	My Dad was angry a lot. He yelled at me and was generally frustrated and disappointed in my behavior. He rarely spoke to me or taught me anything.	It is difficult to please those in charge of my life. It is easy to mess up and get in trouble.	God is very difficult to please. He is usually not happy with me.	God has communicated clearly and fairly and gently. God's opinion and value of me is clearly documented and illustrated in Scripture. My incorrect perceptions are due to my own issues.
	Was often at the church or the seminary. Meetings and mission obligations took precedence over most other things.	I am not important enough to spend time with.	God is very demanding.	God's requirements have always been the same. God is always available to spend time with me. If we aren't spending time together, it is my fault.
	Was absent from my life during my 1st, 2nd, and 3rd grades while I was at boarding school.	I understood the necessity, so I don't know what didn't happen in my life until I look back and see holes.	God is distant, absent, and doesn't speak into my life.	God is willing to relate and communicate with me. It is up to me to invest that time and stop running.
	As we were supported by churches, most requests to have special things (BB gun, bike) were denied. It was the same with going out to eat, going on vacation, or doing fun things like DisneyWorld (never went).	Those that give money are very important.	God doesn't provide for my wants or desires.	God has always provided for my physical needs. I can't blame him for something I didn't get that I wanted.
	My Dad was always the one to spank me. He was always angry. I remember him hitting me with a belt many times so hard that I literally could not sit down and had welts and bruises for days.	My actions evoke great anger. All I can do is distance myself to prevent conflict.	When I break God's standards, He is very angry and wishes to destroy me.	God's view and emotional response to my misbehavior is clearly documented and illustrated in Scripture. He is the Father in the Prodigal Son.
<b>Mom</b>	My Mom always tried to smooth things over in the family. Telling us things about our father, telling him things about us.	Life situations need a manager as they can't be interpreted by us.	God's words, actions, and feelings need to be interpreted in order to be understood	God communicates clearly to us.
	I was very attached to my Mom. Or maybe she was attached to me. I remember thinking that I would never leave home even when I got older because of my mother.	I had to cling to my relationships in order to survive.	God might take something away from me.	God is trustworthy and acts in love towards us.

This is Page 1 of several pages to illustrate how I began my Step 2.